## Prayer Before A

Good and Gentle Jesus,
I kneel before you.
I see and I ponder your five
wounds.

My eyes behold what David prophesied about you:

"They have pierced my hands and feet; they have counted all my bones."

Engrave on me this image of yourself.

Fulfill the yearnings of my heart: give me faith, hope, and love, repentance for my sins, and true conversion of life.

Amen.

